



GOALS

Write down your answers to the following questions

1. What do I want to achieve?

You might want to consider: If money and time were not an issue what would you want to create? Go big. Let yourself have it.

2. Why is this important?

Why does this matter to you? What is your compelling reason to achieve this goal? This will help you stay on your path when the going gets tough. The 'why' is personal to you. You don't have to justify it to anyone.



3. What are the obstacles to achieving this goal?

Write down all the things that are in the way of achieving your goal. This is your to do list to achieve the goal.

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Now turn these obstacles into your to do list and achieve your goal!